

Thriving In Times of Change™



OVERVIEW

Thriving in Times of Change™ is an experiential training program for professional teams. It enables participants to master the competencies of workplace resilience and how it impacts team dynamics especially in the midst of rapid change.

Participants explore the dynamics of team resilience from relationships to solution-finding to corporate culture, utilizing components of the SUPPORT model of Resilience.

"It is not the strongest of the species that survives, nor the most intelligent, but the ones most responsive to change".

- Charles Darwin -

Working from a platform of resilience, participants learn to become change agents within their own team and organization. They learn to scan for solutions, build on strengths and influence team members for desired results.

WORKSHOP BENEFITS

- Improved understanding of team resilience
- Enhanced team & workplace relationships
- Strengthened ability to find creative solutions
- Enhanced employee engagement
- Increased efficiency & productivity
- Improved ability to prevent conflicts
- Better ability to focus on company priorities
- Commitment to create a positive team culture
- Capacity to respond positively to change
- Improved understanding of clients' challenges
- Development of action plans for further growth



WHO SHOULD ATTEND

- Teams from all levels of the organization
- Team Leaders & Individual Contributors
- Project Teams



Bold New Directions
TRANSFORMING PEOPLE & PERFORMANCE

Thriving In Times of Change™



Day One - am

- What is team resilience
- Impact on organizational success
- Deepening shared commitment
- Building team SUPPORT
- Embracing a solution finding approach
- Heightening self-awareness in teams
- Understanding self-management
- Understanding your impact on the team
- Building resilient team relationships
- Reframing team language

Day One - pm

- Mentoring from a coaching perspective
- Visioning future team success
- Shared approaches to leadership
- Communicating team successes
- Empowering other teams
- Creating a positive culture
- Developing a joint action plan
- Putting it into action
- Finding resources back at work
- Ongoing learning

Workshop Materials: Every participant receives a copy of the workshop manual containing background material, work-sheets, examples and exercises for future reference.

Follow-Up Coaching: Optional follow-up coaching is available post-workshop as a means of helping participants apply new learning to specific workplace situations. Contact us for more information or to discuss your organization's unique needs.

For More Information:
Contact us at (413) 527-6816 or
info@boldnewdirections.com or visit
www.boldnewdirections.com