

# Coaching Skills For Managers™



## OVERVIEW

*Coaching Skills For Managers™* is a program designed to shift leadership practices from the old “command & control” model to a more inclusive and participative style.

**“Amazing things happen when staff are skillfully invited to participate in ways they didn’t know were possible!”**

This interactive program delivers powerful tools for leaders at all levels. It helps leaders better access and align their staff’s personal experiences, traits and skills.

Participants will also discover more about themselves as they learn how to use their developing coaching talents for the greater good of the organization.

Utilizing a blend of brief instruction, demonstration and feedback, the workshop provides practice opportunities for each skill participants will use at work.

## WORKSHOP BENEFITS

- Expands participant’s personal power
- Enhances flow of communication
- Models a collaborative leadership approach
- Creates methods for visioning the future
- Opens pathways for greater effectiveness
- Inspires others to contribute more fully
- Develops a more positive team culture
- Deepens satisfaction through living values



## WHO SHOULD ATTEND

- All executives & senior managers
- Middle managers & supervisors
- Team leaders
- Everyone in a role of influencing others



**Bold New Directions**  
TRANSFORMING PEOPLE & PERFORMANCE

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## Day One - Morning

- Safety, Confidentiality and Courage
- Current Staff Challenges
- Leadership Defined – A Group Process
- Life Purpose
- State of Life – Creating Balance
- Habits – Changing The Mind’s Blueprint
- Coaching Defined
- DISC – Personality Profile
- Barriers to Communication
- Impact of Limiting Beliefs
- Influence of Positive Communication
- Praise/Acknowledgement/Appreciation

## Day One - Afternoon

- Curiosity – Coaching’s Cornerstone
- Perspectives Exercise
- Powerful Questions
- Conscious Listening
- Self Management
- Uncovering Staff’s Values
- Organizational Values Revisited
- Values and Mission
- Future Visions
- Requests
- Inquiries
- Workplace Applicability

**Workshop Materials:** Every participant receives a personalized DISC Personality Profile along with a Participant Workbook of exercise sheets and handouts.

**Follow-Up Coaching:** Participants in this program excel with optional post-workshop coaching sessions to support their on-the job coaching techniques. Please contact us for more information or to discuss your organization’s unique needs.

**For More Information:**  
Contact us at **1-800-501-1245** or  
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**[www.boldnewdirections.com](http://www.boldnewdirections.com)**